



# ***IMPORTANT INFO AND STUFF AND THINGS!***

***IT'S RACE WEEK!***

***PLEASE READ THIS ENTIRE PACKET***

***TO ENSURE YOU HAVE A FUN AND AWESOME RACE EXPERIENCE!***

***ALL OF YOUR IMPORTANT QUESTIONS ARE ANSWERED HERE...***

# **EXPO & PACKET PICKUP!**

## **ASTON WAIKIKI BEACH HOTEL**

**2570 KALAKAUA AVENUE, HONOLULU, HAWAII**

**THURSDAY, MAY 25 - 3PM TO 8PM**

**FRIDAY, MAY 26 - 8AM TO 6PM**

**SATURDAY, MAY 27 - 8AM TO 2PM**



**WE HIGHLY RECOMMEND YOU PARK AT THE HONOLULU ZOO OR KAPIOLANI PARK. THE HOTEL WILL NOT VALIDATE YOUR PARKING, SO IT'S LESS EXPENSIVE TO PARK AT THE ZOO...**



**EXPO IS ON THE 21ST FLOOR IN THE COCONUT CLUB - VOLUNTEERS WILL GIVE YOU ELEVATOR ACCESS STARTING AT EXPO OPENING TIMES, SO PLEASE DON'T SHOW UP TOO EARLY!**



**PLEASE BRING PHOTO ID!**



**YOU MAY PICK UP FOR A FRIEND ONLY IF YOU HAVE A NOTE OR COPY OF THEIR ID!**



**NO SWITCHING SHIRT SIZES UNTIL RACE DAY**



**NO RACE MORNING PICKUP UNLESS YOU HAVE RECEIVED SPECIAL PERMISSION IN ADVANCE!**

## **CHECK OUT OUR VENDORS!**



**HAWAII RUNNING LAB**



**ROAD RUNNERS CLUB OF AMERICA**



**LULAROE STASHES**



**BOCA HAWAII**



**ISLAND FAMILY CHIROPRACTIC**



**HIBISCUS HALF MERCHANDISE**

## **FREQUENTLY ASKED QUESTIONS:**

**CAN I SWITCH FROM THE HALF MARATHON TO THE 15K, OR FROM THE 15K TO THE 5 MILER?**

**YES - YOU CAN SWITCH AT THE EXPO - A \$10 CHANGE FEE WILL APPLY.**

**CAN I TRANSFER MY RACE BIB TO ANOTHER PERSON?**

**YES - SIMPLY BRING A LETTER FROM THE ORIGINAL PARTICIPANT, ALONG WITH A COPY OF THEIR ID, GIVING PERMISSION FOR THE TRANSFER. A \$20 TRANSFER FEE WILL APPLY**

**CAN FRIENDS STILL REGISTER ONLINE?**

**YES - ONLINE REGISTRATION CLOSES AT 7PM ON FRIDAY, MAY 26**

**CAN FRIENDS STILL REGISTER IN PERSON?**

**YES - LATE REGISTRATION IS AVAILABLE IN PERSON AT THE EXPO OR ON RACE MORNING STARTING AT 4:30AM**



**NO  
MEAN  
PEOPLE**



**I'VE HEARD YOU HAVE A MEAN PEOPLE CLAUSE... TRUE? YEP, VERY TRUE! IF ANYONE IS MEAN TO ANY VOLUNTEER, STAFF, OR PARTICIPANT, YOUR RACE ENTRY WILL BE REVOKED, AND YOU WILL BE ASKED TO LEAVE. OUR STAFF AND VOLUNTEERS WORK REALLY HARD TO PUT ON A FUN RACE FOR YOU, SO THERE'S NO EXCUSE FOR YOU BEING MEAN. NO MEAN PEOPLE ALLOWED! (EXAMPLE: JOE BLOW SHOWS UP AT 2PM TO PICK UP HIS PACKET, EVEN THOUGH PACKET PICKUP DOESN'T OPEN UNTIL 3PM. HE PROCEEDS TO GIVE DIRTY LOOKS TO THE VOLUNTEERS WHO ARE SETTING UP, AND ASKS SEVERAL TIMES IF HE CAN PICK UP HIS PACKET EARLY. MR. CRANKY PANTS THEN COMPLAINS ABOUT THE LONG WAIT, AND WHEN HE FINALLY DOES GET HIS PACKET, HE STORMS OUT WHILE PROFANITIES FLY OUT OF HIS MOUTH.) THIS REALLY HAPPENED (WHICH IS WHY WE NOW HAVE THE MEAN PEOPLE CLAUSE). DON'T DO THIS. IT WON'T GET YOU ANYWHERE EXCEPT KICKED OUT OF THE RACE. WE AREN'T KIDDING... GO AHEAD, TEST US! HERE'S A BETTER IDEA - - OFFER TO HELP SET UP WITH A SMILE ON YOUR FACE, AND THANK THE VOLUNTEERS FOR THEIR HARD WORK!**

# RACE DAY INFO!

## RACE START TIMES:

**HALF MARATHON - 5:30AM** (WE RECOMMEND YOU ARRIVE NO LATER THAN 4:45AM IF YOU ARE DOING THE HALF MARATHON)

**15K AND 5 MILER - 6:00AM** (WE RECOMMEND YOU ARRIVE NO LATER THAN 5:30AM IF YOU ARE DOING THE 15K OR 5 MILER)

**RACE DAY PARKING:** WAIKIKI SHELL AND BANDSTAND PARKING LOTS ON MONSARRAT AVENUE, HONOLULU ZOO PARKING LOT, PAKI STREET PARKING LOTS; STREET PARKING ON THE MAKAI (OCEAN) SIDE OF KALAKAUA AVENUE, ON PAKI STREET, AND IN THE NEIGHBORHOODS MAUKA (MOUNTAIN SIDE) OF KAPIOLANI PARK. PLEASE CARPOOL IF POSSIBLE! PLEASE BE RESPECTFUL AND KEEP YOUR VOICES DOWN IF YOU PARK IN THE NEIGHBORHOOD.

**RESTROOMS:** THE PARK BATHROOMS NEAR THE WAIKIKI SHELL AND THE TENNIS COURTS WILL OPEN AROUND 4:00AM, AND THERE WILL BE PORTA-POTTIES LOCATED ON THE MONSARRAT AVENUE SIDE OF THE FINISH LINE AREA. MAKE SURE YOU GO AT HOME TOO! THERE ARE PLENTY OF BATHROOMS AVAILABLE, BUT STILL, THERE WILL BE LONG LINES ON RACE DAY, SO PLAN AHEAD AND GET DOWN THERE EARLY! ON THE COURSE, THERE ARE BATHROOMS LOCATED AROUND MILE 6 AT THE WAILUPE BEACH PARK AID STATION.

## AID STATIONS:



SERVING WATER AND GATORADE:

6 AID STATIONS ON THE HALF MARATHON COURSE

3 AID STATIONS ON THE 15K COURSE

1 AID STATION ON THE 5 MILER COURSE

**TIME LIMIT:** 4 HOURS = 9:30AM

(IF YOU WALK SLOWER THAN A 17 MINUTE MILE, WE STRONGLY ENCOURAGE YOU TO SWITCH TO THE 15K SO THAT WE CAN SUPPORT YOU AND MAKE SURE YOU'LL GET THAT FINISHER'S MEDAL!)

**WATER PITCHER STATIONS:** AT THE END OF EACH WATER SECTION OF THE AID STATIONS, WE WILL HAVE PITCHERS AVAILABLE SO YOU CAN REFILL YOUR OWN WATER BOTTLES! THIS WILL HELP US GO GREENER, USE FEWER CUPS, AND CREATE LESS TRASH FOR OUR VOLUNTEERS TO PICK UP. WE ENCOURAGE YOU TO USE YOUR OWN WATER BOTTLES AND REFILL AT THE AID STATIONS!

**FINISHER MEDAL:** EVERY FINISHER WILL RECEIVE A MEDAL!

**FINISH LINE FOOD:** FRUIT AND LIGHT SNACKS!

**STROLLERS ARE ALLOWED!**

## RACE BIBS:

**WEAR IT ON THE FRONT!**

**DO NOT REMOVE THE  
FOAM TIMING CHIP!**

**MUST BE VISIBLE  
AT ALL TIMES!**

IF YOU DUPLICATE YOUR BIB  
AND SHARE IT WITH FRIENDS,  
YOU AND YOUR FRIENDS WILL BE  
DISQUALIFIED AND BANNED FOR LIFE!

# **PLEASE KOKUA!**

**PLEASE HELP US FOLLOW THESE KAPIOLANI PARK RULES:**

 **NO DOGS ALLOWED!** 

 **NO DRONES ALLOWED!** 

 **NO SMOKING AND NO ALCOHOL!** 

**YOUR SAFETY IS OUR PRIMARY CONCERN!**

 **NO LARGE BACKPACKS ALLOWED!** 

**HEADPHONES ARE STRONGLY DISCOURAGED! IF YOU INSIST ON USING THEM, PLEASE LEAVE THE LEFT EARBUD OUT SO THAT YOU CAN HEAR TRAFFIC AND INSTRUCTIONS FROM POLICE OR RACE STAFF**

**RRCA**  
ROAD RUNNERS CLUB OF AMERICA



**WESTERN  
REGION**   
**CHAMPIONSHIP  
HALF MARATHON**



# **LIVE TRACKING**

**YOUR FRIENDS AND FAMILY**

**CAN FOLLOW YOU HERE:**

**LIVE.PSERESULTS.COM/E/32#/**



# **AWARDS**

**WILL TAKE PLACE**

**AT 8:30AM!**

**(AWARDS WILL NOT BE MAILED)**

## **FIND RACE MAPS HERE:**

**TROPICALTRIPLECROWN.COM/HIBISCUS-HALF-MARATHON**

## **MORE COOL STUFF!**

**"Like"  
us on  
facebook**



**FACEBOOK.COM/HIBISCUSHALFMARATHON**

**DON'T MISS THE NEXT TWO RACES OF  
THE TROPICAL TRIPLE CROWN!**

**MANGO DAYS 5K - JULY 30TH**

**COCONUT CHASE 8K - AUGUST 27TH**

**CHECK YOUR RACE PACKET**

**FOR DISCOUNT CODES!**

**WE LOOK FORWARD TO SEEING YOU LATER THIS WEEK!**

**MARK YOUR CALENDAR FOR NEXT YEAR!!**

**MAY 27TH, 2018**